

Chocolate Ice Cream

Nutrition Facts

10 servings per container

Serving size 1/2 C (4mL)

Amount Per Serving

Calories 240

% Daily Value*

Total Fat 20g 26%

Saturated Fat 12g 60%

Trans Fat 0.5g

Cholesterol 110mg 37%

Sodium 105mg 5%

Total Carbohydrate 13g 5%

Dietary Fiber 2g 7%

Total Sugars 9g

Includes 6g Added Sugars 12%

Protein 4g

Vitamin D 1.3mcg 6%

Calcium 70mg 6%

Iron 1.4mg 8%

Potassium 440mg 10%

Vitamin A 240mcg 25%

Vitamin C 0mg 0%

Vitamin E 0.6mg 4%

Vitamin K 2mcg 2%

Thiamin 0.04mg 2%

Riboflavin 0.2mg 15%

Niacin 0.2mg 2%

Vitamin B6 0.1mg 4%

Folate 15mcg DFE 4%

Vitamin B12 0.3mcg 10%

Pantothenic Acid 0.5mg 10%

Phosphorus 120mg 10%

Magnesium 35mg 8%

Zinc 0.8mg 6%

Selenium 7mcg 10%

Copper 0.3mg 30%

Manganese 0.2mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HEAVY CREAM, WHOLE MILK (MILK, VITAMIN D3), HONEY, COCOA PROCESSED WITH ALKALI, EGG, EGG YOLK, PURE VANILLA EXTRACT, LESS THAN 2% OF: SEA SALT

CONTAINS: MILK, EGG

THE NEIGHBORHOOD NURSE